

Balian Etiquette

Real Balian receive their gifts from a spirit, based on Bali Hindu philosophy. They credit this spirit with giving them their gift of healing. Others through a very long intensive study and initiation from a well-known healer(s) or High Priest(esses). They are the Balinese equivalent of a “doctor”, who has to follow an etiquette and moral code, which is not that different than the modern doctor.



- Healers are not regarded like movie stars or celebrities so don't treat them like one.
- There are so many types of healers who work on specific problems, from broken bones to broken heart, mental disorders to “mysterious” problems, so chose one that is appropriate for you.
- Expect that it will be a process--expect to receive several treatments at least and that you might have to change Balian if one does not work.
 - * It is not an instant process; so don't expect to be healed on your way to the Airport.
- Balinese bring an offering to a healer, with a token of appreciation (fee) inside. At the conclusion of the day, the healer dedicates this offering to their spirit in the family temple. People give what they can afford. Foreigners should give at least 100,000rp. Think of what you pay your Doctor! Your offering should never be less than what you are paying your guide or driver.
- Balian are regarded on a status similar to priests. Consequently if you visit one, you should show respect by dressing in a sarong and temple scarf.
- Remember always to give your offering with your right hand, and never point the bottoms of your feet at the healer. Never ever touch their head or face, which is the most sacred part of their (and your) body.
 - o with the respect it deserves.